



5K Race & 2 Mile Fun Walk
Saturday, May 9, 2015 at 9 a.m.

Proceeds to benefit Kanawha Co Schools & Covenant House

Registration for each participant (please print clearly)

Registration form fields: Last Name, First Name, Middle Initial, Age on Race Day, Street Address/ PO Box, City, State, Zip Code, Email Address, Phone Number, Gender (Male/Female), T-Shirt Size (Adult).

I will be participating in (mark one event): ___ 5k race (9:00am) ___ 2 Mile Fun Walk (9:15am)

Registration fee is \$15 for each event. Make checks payable to Shoes 4 Strangers. T-Shirts will only be guaranteed to those who preregister on or before May 1, 2015. Prizes will be awarded to the top male and female finisher in the 5K race.

Detach at the dotted line. Mail completed registration form with your registration fee to:

Shoes 4 Strangers
Attn: Jeff Isner
107 Phyllis Drive
Charleston, WV 25302

WAIVER: (If under 18 years of age, your parent or legal guardian must read and agree to the following waiver). I know that participating in a run/walk is a potentially hazardous activity. I should not participate unless I am medically able. I understand the nature of and assume all risks associated with my voluntary participation in this event including, but not limited to falls, contact with other participants, the effects of the weather (including extreme temperatures and precipitation), and traffic. Knowing these facts I, the undersigned, waive and release for myself, and anyone entitled to act on my behalf, ANY AND ALL rights and claims for damages, demands, and any other actions whatsoever which I may have against the Shoes 4 Strangers Chair, the benefiting non-profit organizations, Kanawha State Forest, the state of WV, race volunteers, and all participating sponsors and supporters of the event.

I grant full permission to the above named businesses and organizations and/or agents authorized by them, to use any photographs, video tapes, motion pictures, or any other record of my participation in this event for any legitimate purpose, including promotional purposes.

Signature and Date fields for participant and parent/guardian.

Detach and retain for your records.

Shoes 4 Strangers 5K Race & Fun Walk
Saturday May 9, 2015 9am

5k Race will begin at 9am. 2 Mile Fun Walk will begin at 9:15am. Registration will take place at shelter #8 at the Kanawha State Forest. Registration will close at 8:50am. Participants may register the day of the event. Race will happen rain or shine. Please bring new or gently used shoes on race day to benefit local organizations. Visit our Facebook group for tips on hosting a shoe drive at your work, school or organization.

For more information:
Jeff Isner, Race Chair
304-533-5944
Shoes4strangers@hotmail.com
Facebook group: Shoes 4 Strangers
www.shoes4strangers.webs.com